

Protecting children outdoors (Staff will...)

During periods of high temperature, the leadership team might consider taking the following steps:

- Children should not take part in vigorous physical activity on very hot days, such as when temperatures are in excess of 30°C **or** during the period of a level 3 heatwave warning issued by the Met Office
- If learning is to be undertaken outside, this should take place in the shade.
- PE and other outdoor activities should cease and be taken indoors.
- Extra-curricular clubs should either be closed or taken indoors.
- All outdoor activities will be suspended during the hottest part of the day (11am – 3pm).
- Lunchtime play will be limited to sitting in the shaded areas on the playground and field. No ball games or running games are permitted; children must sit in the shade. Staff on duty will supervise children to ensure these rules are followed.
- Children must not wear ties or jumpers.
- Provide children with plenty of water and encourage them to drink more than usual when conditions are hot

Protecting children outdoors (Parent/Carer reminders)

During periods of high temperature, the following steps should be taken:

- Send your child in with a short sleeved shirt and shorts or a school summer dress.
- Children must not wear ties or jumpers.
- Apply sunscreen to your child before they come to school.
- Send your child in with sun cream of their own, if they are able to reapply during the day. Please ensure the bottle is named.
- Send your child in with a bottle full of fresh water