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A Learning Ladder for Life

18th May 2022

## **Relationships and Sex Education (RSE) - Year 5**

Dear Parents/Carers,

During Term 6, we will be teaching children about health and sex education as part of our PSHE programme of study - *Relationships and Sex Education (RSE)*. The following table shows what your child will be learning about next term as part of their PSHE lessons.

	Content Covered
Lesson 1	<b>Self and Body Image</b> : I am aware of my own self-image and how my body image fits into that.
Lesson 2	<b>Puberty for Girls</b> : I can explain how a girl's body changes during puberty and understand the importance of looking after yourself physically and emotionally.
Lesson 3	<b>Puberty for Boys</b> : I can describe how boys' and girls' bodies change during puberty.
Lesson 4	<b>Conception</b> : I understand that sexual intercourse can lead to conception and that is how babies are usually made. I also understand that sometimes people need IVF to help them have a baby.
Lesson 5	<b>Looking Ahead 1</b> : I can identify what I am looking forward to about becoming a teenager and understand this brings growing responsibilities (age of consent).
Lesson 6	<b>Looking Ahead 2</b> : I can identify what I am looking forward to when I move to a new class.

Sex Education: Right to Withdraw

Parents have the right to withdraw their child/ren from lessons highlighted in yellow. All other lessons are compulsory. All teaching materials are appropriate to the pupil's age and emotional maturity and your child/ren's teachers will present the information in an objective, balanced and sensitive manner.

**If you decide to take your child out of the highlighted lesson/s, please arrange a time with the School Office to meet with your child's class teacher regarding opting out of RSE lesson/s (highlighted in yellow).**

Yours sincerely,

Miss H Ballard  
Assistant Headteacher

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