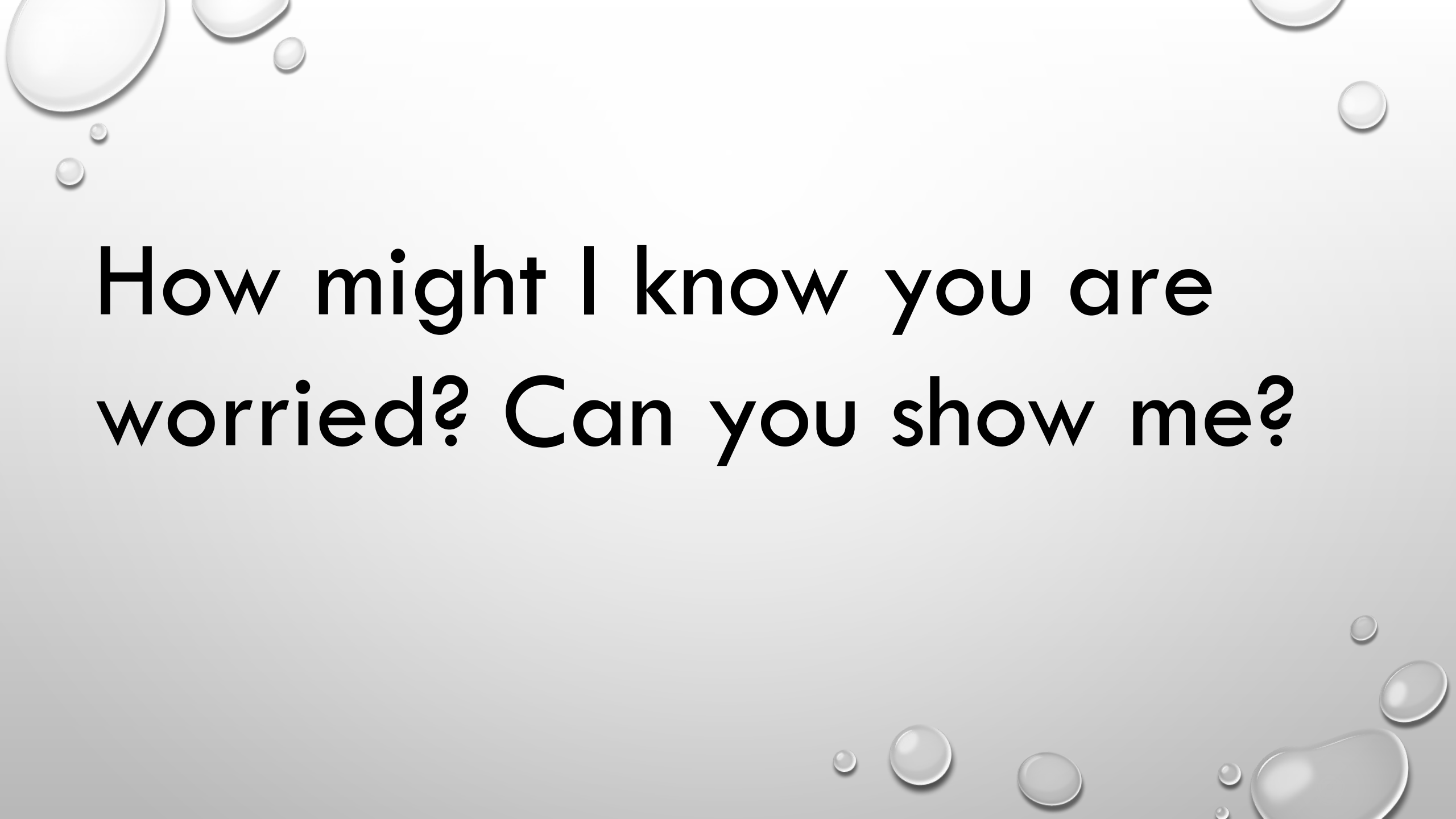


The background of the slide is a light gray gradient with several realistic water droplets of various sizes scattered across it. The droplets have highlights and shadows, giving them a three-dimensional appearance.

What do I do if I'm worried?

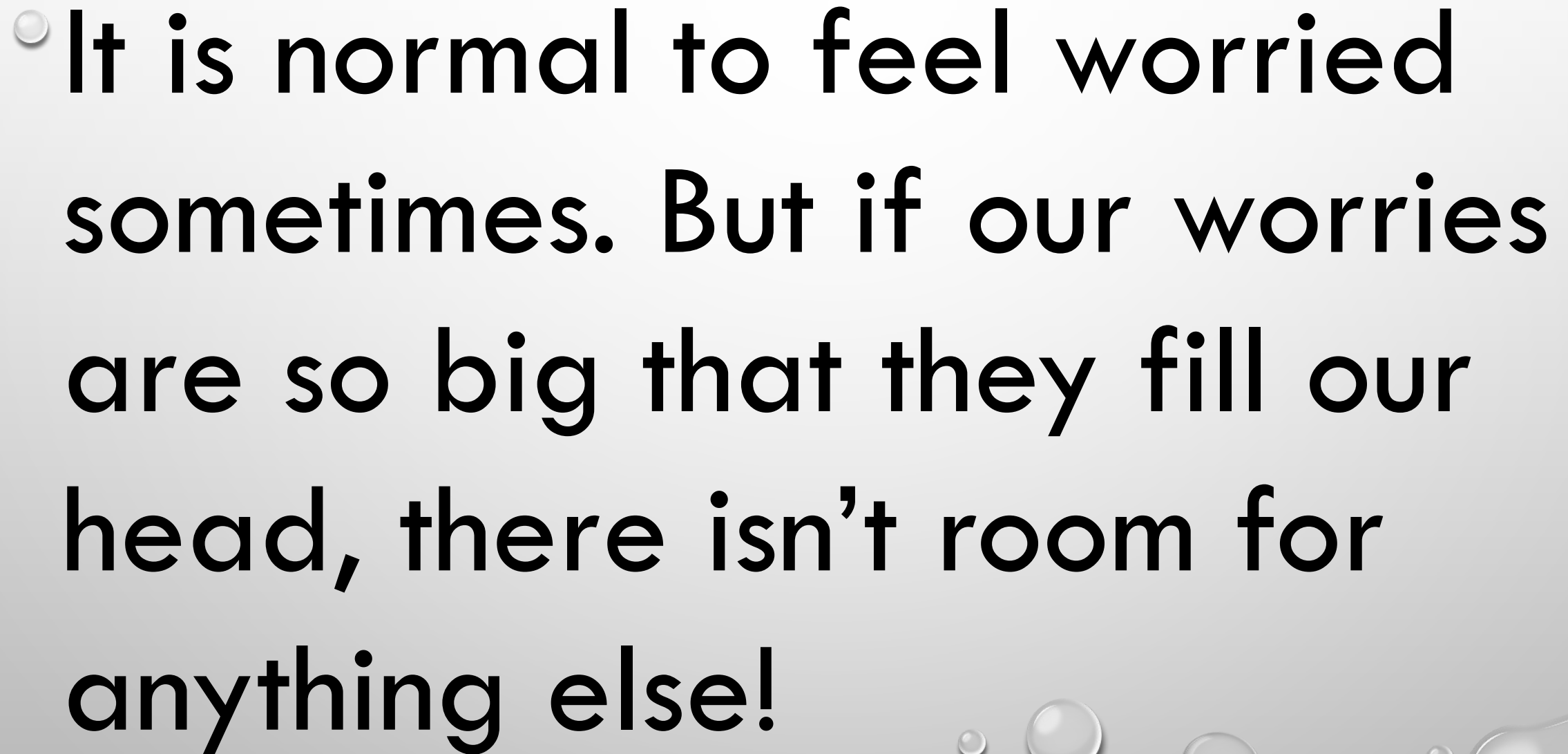
Bob Marley - Three Little Birds



How might I know you are
worried? Can you show me?

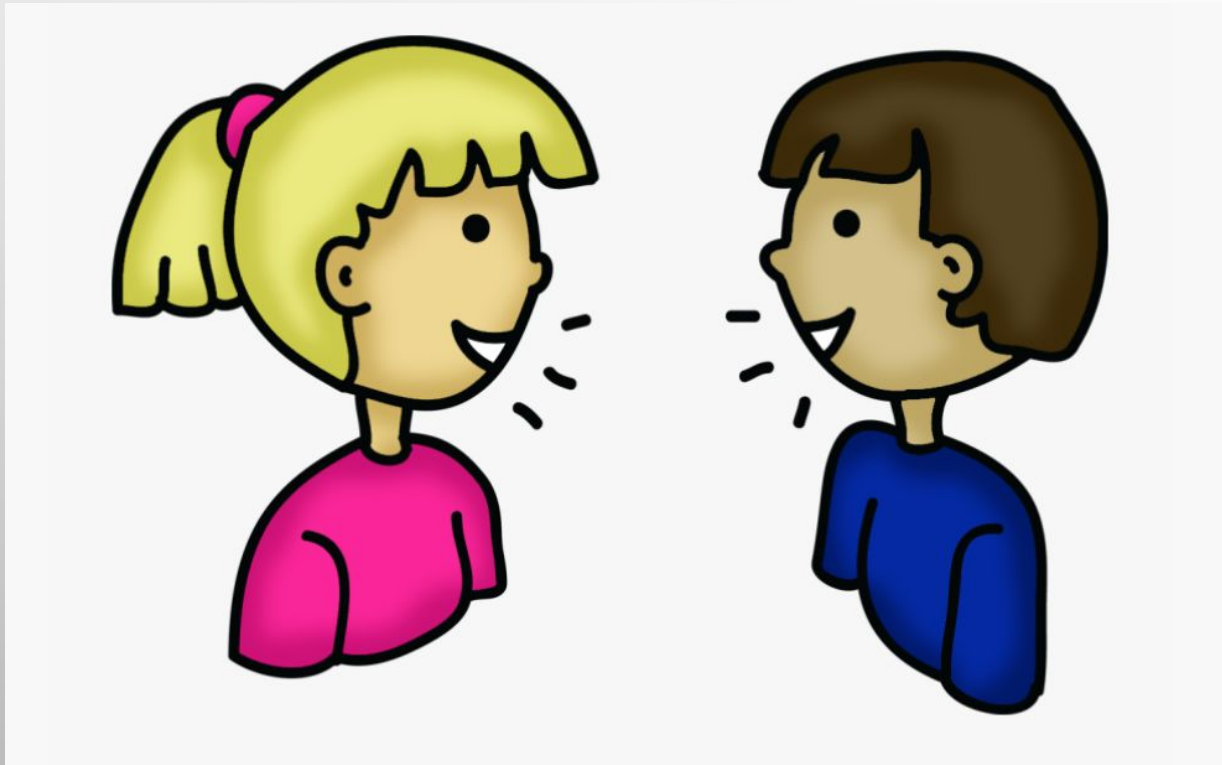
Ruby Finds A Worry

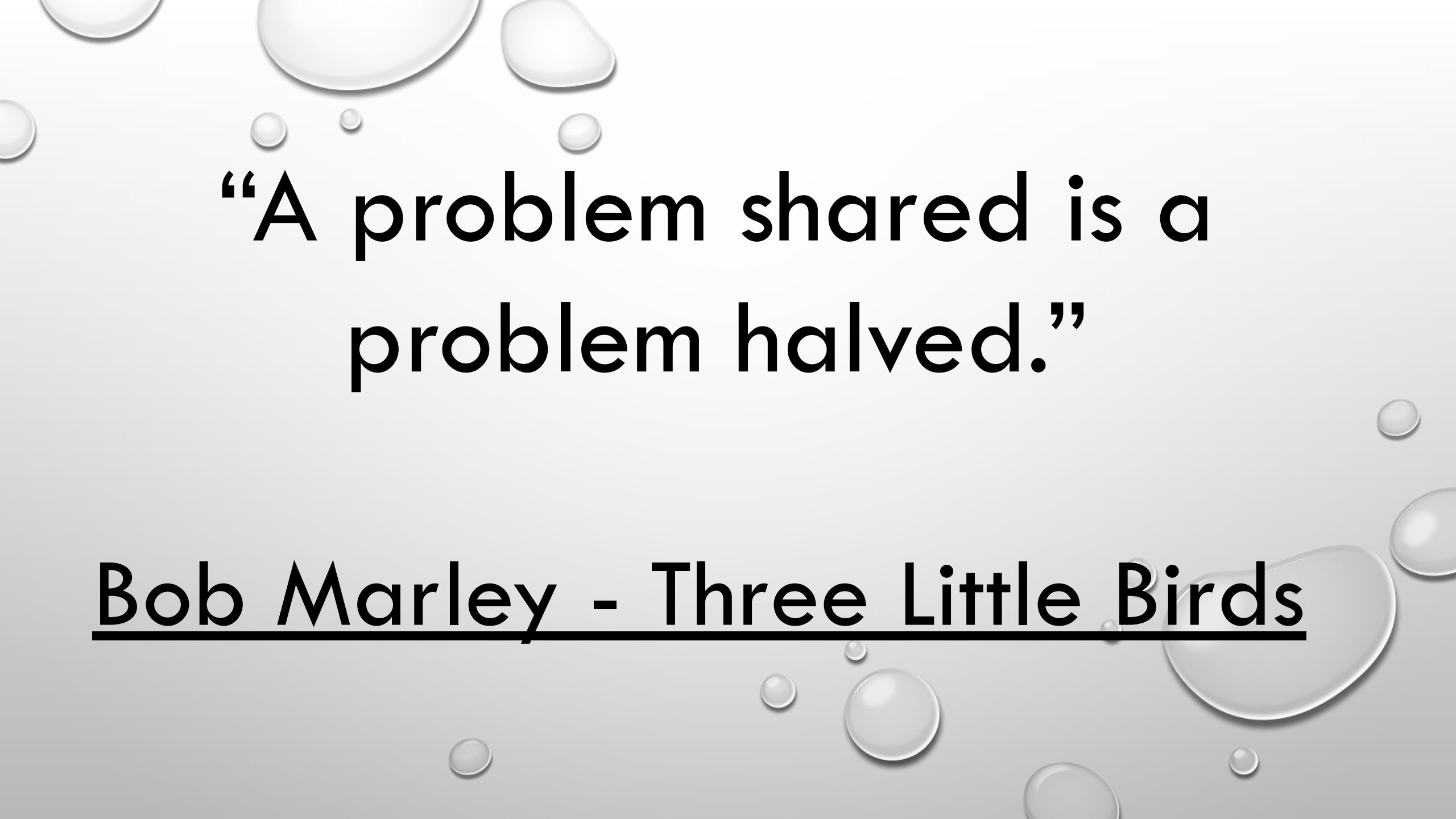


The image features a light gray background with several realistic, 3D-rendered water droplets of various sizes scattered across the top and bottom edges. The droplets have highlights and shadows, giving them a sense of depth and movement. The text is centered in a large, bold, black sans-serif font.

It is normal to feel worried sometimes. But if our worries are so big that they fill our head, there isn't room for anything else!

What do we do with our worries?



The background of the slide is a light gray gradient with several realistic water droplets of various sizes scattered across it. The droplets have highlights and shadows, giving them a three-dimensional appearance.

**“A problem shared is a
problem halved.”**

Bob Marley - Three Little Birds