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Wellbeing Newsletter 1 (March 2020)

South Borough Primary School is very proud of the initiatives that have been implemented to help promote healthy lifestyles of staff, pupils and its community. We have now set ourselves a challenge to improve the mental health and wellbeing of our whole community. As a result, South Borough Primary School is now working towards the primary Wellbeing Award for Schools.

This whole-school award focuses on ensuring effective practice and provision is in place. This will promote the emotional wellbeing and mental health of both staff and pupils. The award has a focus on changing the long-term culture of a school, and embedding an ethos where mental health is regarded as the responsibility of all. With this award, South Borough can:

- Show its commitment to promoting mental health as part of school life
- Improve the emotional wellbeing of its staff and pupils
- Ensure mental health problems are identified early and appropriate support is provided
- Offer provision and interventions that matches the needs of its pupils and staff
- Engage the whole-school community in understanding the importance of wellbeing
- Capture the views of parents, pupils and teachers on mental health issues.

Have a look at the new 'Wellbeing' section of the school website, under the 'Information' tab. It will be updated regularly with newsletters and information.

Thank you for your continued support,

Miss H Ballard
Assistant Headteacher

Member of Swale Academy Trust

Trust Principal: Mr J Whitcombe MA
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Registered in England No: 07344732

Director of Primary: Mr M Wilson