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A Learning Ladder for Life

5th September 2023

Dear Parent/Carer,

Year 5 Swimming lessons (5A and 5B)

Curriculum swimming lessons will take place during Term 1 and 2 for all Year 5 pupils, starting on Friday 15th September.

Children will be leaving school at 8:45am. Please ensure your child(ren) are in school by 8:40am, as they will be leaving promptly.

Children will be learning to:

- *Perform safe self-rescue in different water based situations;*
- *Swim competently, confidently and proficiently over a distance of **at least** 25 metres;*
- *Use a range of strokes effectively, for example, front crawl, backstroke and breaststroke.*

Kit List - Brought to school weekly every Friday (or before) in a separate bag:



- Appropriate swimming clothing
- Towel
- Hair band to tie long hair back or up
- Swimming hat (optional)
- Goggles (optional but recommended)



The last swimming lesson will be Friday 8th December 2023:

To provide permission for your child to attend swimming lessons, please complete the [Google Form](#) by Wednesday 13th September 2023.

[Click here to complete the form - https://forms.gle/guTqsKwgUrcycZJRA](https://forms.gle/guTqsKwgUrcycZJRA)

Yours sincerely,

Mr B Smith

Stagshaw Close, Postley Road, Maidstone, Kent, ME15 6TL