

## Parent Sessions



Introduction to the Emotional Wellbeing Team

## South Borough Primary School 2pm 5th October 2023



Zuska Kennard would like to invite you to an introduction to the Emotional Wellbeing Team parent session.

The Emotional Wellbeing Team is specially trained to help children at school with their wellbeing and mental health. We understand that from time to time children need additional support so we're here to help. We believe that getting early help can prevent difficulties from getting bigger so that children can enjoy their life.

We work alongside everyone in the school community to promote a 'whole school approach' to emotional wellbeing and mental health. We can also think with parents about their children's feelings and behaviour, sharing information and working together

to find a way forwards.

We look forward to meeting you.



