

Let's see what's for lunch...

Main Meals

Monday
Macaroni & Cheese (G,MK)
with Garlic Bread (G,so) V

Jacket Potato with Baked Beans Ve
or Cheese (MK) V

Vegetables

Peas Ve

Dessert

Fresh Fruit Salad Ve or Yoghurt
(G,SO) with Fruit Topping V

Main Meals

Tuesday
Beef Burger In a Bun (G,se)

Vegetable Quarterpounder Burger in a Bun
(G,se) Ve

Vegetables

Jacket Wedges & Baked Beans Ve

Dessert

Lemon Sponge (G,E,mk) V

Main Meals

Wednesday
Spaghetti (G) Bolognese (g)

Spaghetti (G) with Tomato
& Vegetable Sauce (g) Ve

Vegetables

Sweetcorn Ve

Dessert

Shortbread Biscuit (G) Ve

Main Meals

Thursday
Mild Chicken Curry (MU) with Rice

Squash & Lentil Curry (MU,g) with Rice Ve

Vegetables

Broccoli Ve

Dessert

Fresh Fruit Salad Ve or Yoghurt
(G,SO) with Fruit Topping V

Main Meals

Friday
Fish Fingers (G,F) & Oven Baked Chips

Roasted Vegetable & Bean Wrap (G) Ve

Vegetables

Peas Ve

Dessert

Maryland Cookie (G,mk) V

Week 1: 11th Jan, 25th Jan, 8th Feb,
22nd Feb, 8th March, 22nd March

Main Meals

Monday
Tomato & Vegetable Pasta Bake (G,MK) V

Jacket Potato with Baked Beans Ve
or Cheese (MK) V

Vegetables

Sweetcorn Ve

Dessert

Fresh Fruit Salad Ve or Yoghurt
(G,SO) with Fruit Topping V

Main Meals

Tuesday
Cumberland Sausage (G,SU) & Mash with Gravy

Vegetarian Sausage (G,C) & Mash
with Gravy Ve

Vegetables

Carrots Ve

Dessert

Chocolate Shortbread
Biscuit (G) V

Main Meals

Wednesday
Pepperoni Pizza (G,MK)

Margarita Pizza (G,MK) V

Vegetables

Potato Wedges & Sweetcorn Ve

Dessert

Fresh Fruit Salad Ve or Yoghurt
(G,SO) with Fruit Topping V

Main Meals

Thursday
Chicken & Sweetcorn Meatballs
with Tomato Sauce & Penne Pasta (G)

Veggie Bolognese (SO,g)
with Penne Pasta (G) Ve

Vegetables

Broccoli Ve

Dessert

Vanilla Sponge (G,E,mk) V

Main Meals

Friday
Fish Fingers (G,F) & Oven Baked Chips

Vegetable Frittata (E) with Oven Baked Chips V

Vegetables

Peas & Baked Beans Ve

Dessert

Maryland Cookie (G,mk) V

Week 2: 18th Jan, 1st Feb, 15th Feb,
1st March, 15th March, 29th March